



VERALAB®

slim_me®

BENDE

Kataplasma

BREVIARIO DEL KATAPLASMA

1. Infila il perizoma
2. Misurati
3. Scattati una foto
4. Bendati
5. Indossa i guanti
6. Spalma uno strato di Katafango (sulle bende)
7. Indossa il tutone di cartene
8. Rilassati per almeno 50min
9. Sbendati e toglì i residui di fango
10. Riscattati una foto
11. Rimisurati e confronta i risultati

KATAPLASMA USAGE INSTRUCTIONS

1. Put on the disposable thong
2. Measure yourself
3. Take a photo
4. Apply the bands
5. Put on the gloves provided
6. Spread a layer of Katafango on the areas to be treated (on top of the bands)
7. Put on the cartene suit
8. Relax for at least 50 minutes
9. Take off the bands and wash off any residual mud
10. Take another photo
11. Measure yourself again and compare the results